

# Emergency Planning and Emergency Supply Kit



EMERGENCY  
SUPPLY KIT

Whether or not you decide that you need a shelter in your house, you can't take too important steps to protect yourself and your family during a hurricane or tornado.

- 1.** Prepare an emergency plan. If you decide to build a shelter, your emergency plan should include notifying local emergency managers and family members or others outside the immediate area that you have a shelter. This will allow emergency personnel to quickly find you if the exit from your shelter becomes blocked by debris.
- 2.** Prepare an emergency supply kit. Keep it in your shelter or be ready to bring it with you if you need to evacuate your house.

Some of the items that the emergency supply kit should include are:

- adequate supply of water for each person in your household
- non-perishable foods that do not have to be prepared or cooked (these include canned goods, considered to bring a hot opener)
- a first-aid kit, including necessary prescription medicines

## Tools and Supplies:

- flashlight (no candles or anything that lights with a flame)
- fire extinguisher
- battery-operated radio, cellular phone, or CB radio
- extra batteries
- wrench (to turn off household gas and water)
- clothing and bedding



## Special Items:

- for baby- formula, diapers, bottles, powdered milk
- for adults- contact lenses and supplies, extra eyeglasses

You can get more information about emergency planning from the American Red Cross ([www.redcross.org](http://www.redcross.org)) and FEMA ([www.fema.gov](http://www.fema.gov)).



FEMA